



Spinal Health & Wellness
at Family Chiropractic

3105 Limestone Road, Suite 303 Wilmington, DE 19808

Patient Contact		
First name	Last name	Initial
Preferred name to be called	How were you referred to our office?	
Street address		
City	State	Zip
Home phone #	Cell phone #	
Work phone#	e-mail	
Patient Personal		
Date of Birth / /	Age	Primary Care Provider: Sex M / F
Status single married partnered widowed	Children Yes / No Ages:	
Emergency Contact		
Name	Relationship	Home phone# Work phone#
Spouse/Guardian		
First name	Last name	Initial
Home phone #	Cell phone #	Work phone #
Insurance Guarantor		
Name	Date of Birth	Insurance Carrier:
Benefit Assignment/Billing Policy		
<p>I authorize that payment of charges be made directly to the doctor(s) of this clinic. This authorization includes: 1. All insurance reimbursement for services rendered, including those which may be payable to me under my insurance plan or policy. 2. Amounts owed on my behalf from proceeds of any settlement related to my case. I also understand that any DEDUCTIBLE and/or CO-PAYMENT is due at the time of service. I am responsible for full payment if Family Chiropractic Office and its doctors are not providers for my insurance company. It is my responsibility to know and understand my insurance plan. I agree to be responsible for any amount not covered or denied by my insurance.</p> <p>_____ date</p>		
Information Release		
<p>I authorize the release of any necessary information to my insurance companies, pre-paid health plan or account, or government managed health plan to request payment benefits to me or my assignee.</p> <p>_____ date</p>		
ACKNOWLEDGEMENT OF RECEIPT OF NOTICE		
<p>As required by the Privacy Regulations, I hereby acknowledge that I have received a current copy of FAMILY CHIROPRACTIC OFFICE's "NOTICE OF PRIVACY PRACTICES", revision date 3/23/2013. As required by the Privacy Regulations, FAMILY CHIROPRACTIC OFFICE has explained the "NOTICE OF PRIVACY PRACTICES" to my satisfaction. As required by the Privacy Regulations, I am aware that FAMILY CHIROPRACTIC OFFICE has included a provision that it reserves the right to change the terms of its notice and to make the new notice provisions effective for all protected health information that it maintains.</p> <p>Requests: <input type="checkbox"/> I wish to file a "Request for Restriction" of my Protected Health Information. <input type="checkbox"/> I wish to file a "Request for Alternative Communications" of my Protected Health Information. <input type="checkbox"/> I wish to object to the following Entities in the "Notice of Privacy Practices": _____</p> <p>I understand that this office is not required to honor any changes to the "Notice of Privacy Practices".</p> <p>_____/_____ Signature Date</p> <p>_____ Print Name</p>		

Have you ever been to a chiropractor? Yes or No

Pt name: _____ Pt#: _____

If so, when was your last visit? _____

What is your primary complaint? _____

How long have you been experiencing your primary complaint? _____

How does your primary complaint feel? dull/achy sharp numb tingling burning cold

How often do you experience the primary complaint? constantly daily weekly

If you have missed work because of your primary complaint, when was your last day of work? _____

What do you believe is causing your primary complaint? _____

What treatment have you tried for your primary complaint? _____

Have you ever had a lapse of memory? Yes / No **Were you ever knocked unconscious? Yes / No**

How often do you use tobacco? never daily weekly monthly

How many servings of alcohol do you drink each week? none 1-2 3-4 5+

Have you ever had any broken bones or dislocations? Yes / No If so, when did it occur and what bone?

List any other health complaints you may have below:

2. _____ 3. _____

Please mark the areas of all of your complaints on the diagrams.

Please use the corresponding symbols to describe any pain.

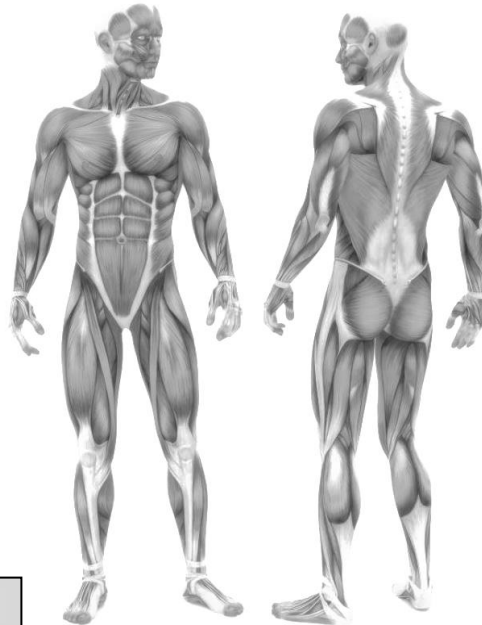
Stabbing Pain: ////

Burning Pain: 0000

Aching Pain: XXXX

Pins & Needles: ^^^^

Numbness: NNN



How does your condition affect your Activities of Daily Living?

	No effect	Mild effect	Moderate effect	Severe effect		No effect	Mild effect	Moderate effect	Severe effect
Sitting					Household chores				
Standing					Lifting				
Walking					Overhead reach				
Lying down					Bathing/showering				
Bending over					Dressing yourself				
Using stairs					Exercising				
Driving					Sleeping				
Walking up stairs					Love life				
Walking down stairs					Sitting at desk/work				
Turning head					Yard work				
Getting in/out of car					Assisting a family member				

What are your exercise activities? (mark all that apply)			
<input type="checkbox"/> Walking	<input type="checkbox"/> Stretching/ flexibility	<input type="checkbox"/> Group exercises classes	<input type="checkbox"/> Yoga/Pilates
<input type="checkbox"/> Running/ treadmill/cycling	<input type="checkbox"/> Resistance bands	<input type="checkbox"/> Weight lifting	<input type="checkbox"/> Swimming/owing

Mark any of the following conditions that pertain to your immediate family history.							
	Mother	Father	Sibling		Mother	Father	Sibling
Diabetes				Headaches			
Heart problems				Back pain			
Kidney problems				Obesity			
Cancer				Poor conditioning			

Circle the following conditions as they <u>currently</u> pertain to you.							
Alcoholism	Yes / No	Goiter	Yes / No	Mental disorder	Yes / No	Tuberculosis	Yes / No
Anemia	Yes / No	Heart Disease	Yes / No	Mumps	Yes / No	Venereal Infection	Yes / No
Appendicitis	Yes / No	HIV Positive	Yes / No	Pleurisy	Yes / No	Whiplash	Yes / No
Arthritis	Yes / No	Influenza	Yes / No	Pneumonia	Yes / No	Whooping cough	Yes / No
Cancer	Yes / No	Epilepsy	Yes / No	Rheumatic fever	Yes / No	Measles	Yes / No

Have you had an auto accident? Yes / No If so, when was the accident and did you receive treatment? 1 _____ 2 _____	Have you ever had any surgery? Yes / No If so, when and for what? 1 _____ 2 _____
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Have you had other injuries playing sports, at work or at home? Yes/ No if so, when, and did you receive treatment? 1 _____ 2 _____	List any prescription or over the counter medications you are currently taking. (Medication & Reason) 1. _____ 2. _____ 3. _____ 4. _____
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Mark the following conditions that are <u>currently</u> a cause of significant concern for you.					
General	<input type="checkbox"/> Consistent fainting <input type="checkbox"/> Loss of weight <input type="checkbox"/> Weight gain	<input type="checkbox"/> Chills <input type="checkbox"/> Fatigue <input type="checkbox"/> Neuralgia	<input type="checkbox"/> Convulsions <input type="checkbox"/> Fever <input type="checkbox"/> Night sweats	<input type="checkbox"/> Depression <input type="checkbox"/> Headache <input type="checkbox"/> Wheezing	<input type="checkbox"/> Dizziness <input type="checkbox"/> Loss of sleep <input type="checkbox"/> Nervousness
Gastro-Intestinal	<input type="checkbox"/> Constipation <input type="checkbox"/> Liver problems <input type="checkbox"/> Rectal bleeding	<input type="checkbox"/> Diarrhea <input type="checkbox"/> Nausea <input type="checkbox"/> Vomiting	<input type="checkbox"/> Gall bladder problems <input type="checkbox"/> Stomach pain	<input type="checkbox"/> Hemorrhoids <input type="checkbox"/> Poor appetite	<input type="checkbox"/> Jaundice <input type="checkbox"/> Poor digestion
Eye/Ear/Nose/Throat	<input type="checkbox"/> Asthma <input type="checkbox"/> Nasal obstruction <input type="checkbox"/> Sore throat	<input type="checkbox"/> Enlarged thyroid <input type="checkbox"/> Nose bleeds <input type="checkbox"/> Tonsillitis	<input type="checkbox"/> Tinnitus <input type="checkbox"/> Frequent colds <input type="checkbox"/> Pain in eyes	<input type="checkbox"/> Earache <input type="checkbox"/> Hay fever <input type="checkbox"/> Poor vision	<input type="checkbox"/> Ear discharge <input type="checkbox"/> Hoarseness <input type="checkbox"/> Sinusitis
Respiratory	<input type="checkbox"/> Chest pain	<input type="checkbox"/> Chronic cough	<input type="checkbox"/> Difficult breathing	<input type="checkbox"/> Spitting blood	<input type="checkbox"/> Spitting phlegm
Muscles/Joints/Bones	<input type="checkbox"/> Backache <input type="checkbox"/> Spinal curvature	<input type="checkbox"/> Foot problems <input type="checkbox"/> Swollen joints	<input type="checkbox"/> Pain between shoulders <input type="checkbox"/> Tremors	<input type="checkbox"/> Painful tailbone <input type="checkbox"/> Twitching	<input type="checkbox"/> Stiff neck <input type="checkbox"/> Weakness
Cardio-Vascular	<input type="checkbox"/> Ankle swelling <input type="checkbox"/> Poor circulation	<input type="checkbox"/> High blood pressure <input type="checkbox"/> Rapid heart	<input type="checkbox"/> Low blood pressure <input type="checkbox"/> Slow heart	<input type="checkbox"/> Heart trouble <input type="checkbox"/> Strokes	<input type="checkbox"/> Pain over heart
Skin or Allergies	<input type="checkbox"/> Bruise easily	<input type="checkbox"/> Dryness	<input type="checkbox"/> Eczema	<input type="checkbox"/> Hives	<input type="checkbox"/> Itching
Women	<input type="checkbox"/> Cramps	<input type="checkbox"/> Excessive flow	<input type="checkbox"/> Hot flashes	<input type="checkbox"/> Irregular cycle	<input type="checkbox"/> Painful periods

I understand and agree to the following: <ul style="list-style-type: none"> • A history, consultation, examination, and x-rays are conducted for diagnostic and informational purposes and I am requesting these services. • It is my responsibility to complete the office forms accurately. • Original x-rays are the office's property and digital pictures of the original film(s) and report(s) will be released to me upon written request. _____ Patient or guardian signature	_____ Date
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